**User Orientation Report for General Public**

**for**

**Heart Attack in Youngsters of India**

A red heart with a pulse line

AI-generated content may be incorrect.

**BY**

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**1. Introduction**

This document provides a detailed guide for the general public to understand and navigate the Power BI dashboard. The dashboard offers an easy-to-use interface for exploring key demographics, lifestyle, and medical trends. Designed for accessibility, it allows individuals to gain insights into health and wellness patterns and make informed decisions for personal well-being.

**2. Purpose**

The purpose of this dashboard is to educate and empower individuals by providing accessible data insights. Users can explore trends in lifestyle choices, health indicators, and medical conditions, helping them take proactive steps toward a healthier life. By visualizing public health information, the dashboard fosters awareness and encourages better lifestyle habits.

**3. Structure & Organization**

The dashboard is divided into three primary sections:

* **Introduction & Goals:**
  + Provides background information on the dataset.
  + Explain why the data is relevant and how it can be used.
* **Summary Visuals & Insights:**
  + Displays easy-to-read charts and graphs on health trends.
  + Presents comparisons between different lifestyle factors and health outcomes.
* **Conclusion & Recommendations:**
  + Highlights the key takeaways from the data.
  + Provides simple, actionable recommendations for improving health and wellness.

**4. Step-by-Step Navigation Guide** To effectively use the dashboard, follow these steps:

* **Opening the Dashboard:**
  + Access the dashboard through Power BI on a web browser or mobile device.
  + Ensure you have an active internet connection for real-time updates.
* **Navigating Through Different Sections:**
  + Use the menu to switch between sections such as demographics, lifestyle, and medical data.
  + Click on different tabs to explore specific health trends.
* **Using Interactive Features:**
  + Hover over charts and graphs to reveal additional insights.
  + Click on specific data points to focus on a particular age group, region, or lifestyle factor.
* **Applying Filters for Personal Insights:**
  + Use dropdown filters to customize data views based on personal interest (e.g., age, gender, location).
  + Compare how different factors influence health trends across populations.
* **Exporting and Sharing Insights:**
  + The dashboard allows users to download reports and visuals for offline review.
  + Share insights with family and friends through social media or email.

**5. Interactivity and User Functionality**

* **Exploring Charts and Graphs:**
  + Simple bar graphs, pie charts, and trend lines make data interpretation easy.
  + Hovering over different sections of a chart reveals specific numbers and details.
* **Filtering Data for Personalized Insights:**
  + Select filters to tailor the dashboard to your personal demographics and interests.
  + Easily reset filters to return to a broader data view.
* **Comparing Health Trends Over Time:**
  + Observe how lifestyle and medical trends have evolved over recent years.
  + Identify patterns that could impact future health decisions.
* **Accessing Key Health Metrics:**
  + Understand the most critical health statistics in a simplified format.
  + Look at key indicators such as average physical activity, diet habits, and common medical conditions.

**6. FAQ & Troubleshooting Guide**

* **Q: How do I access the dashboard?**  
  **A:** Open Power BI on your web browser or mobile app and navigate to the public health dashboard.
* **Q: What if I don’t understand a chart?**  
  **A:** Hover over the chart for a description or click on the help icon for an explanation.
* **Q: Can I customize the data view?**  
  **A:** Yes, you can use filters to focus on specific populations, regions, or time periods.
* **Q: Why are some data points missing?**  
  **A:** Certain datasets may not have complete information for all categories. Try adjusting filters or checking different sections.
* **Q: Can I download and share insights?**  
  **A:** Yes, use the download button to export reports in PDF or Excel format and share via email or social media.
* **Q: How often is the data updated?**  
  **A:** The dashboard is updated regularly to reflect the most current public health trends.